



# U.S. NAVAL SEA CADET CORPS

## LONE SAILOR DIVISION



The Plan of the Day is an official document of the Lone Sailor Division. Its contents reflect current orders of the Commanding Officer and official unit announcements. All Division personnel are responsible for reading and understanding the information contained herein. Parents and guardians of Cadets are encouraged to read the Plan of the Day and to make note of meeting days and special announcements that may affect personal schedules. Officers and Squad Leaders are expected to carry the POD at all times.

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### COMMAND STAFF

**Commanding Officer**

ENS Reinhart, Larry  
571.451.5010

[co\\_lonesailor\\_division@hotmail.com](mailto:co_lonesailor_division@hotmail.com)

**Executive Officer**

INST Ringler, Mark  
443.980.8332

[xo\\_lonesailor\\_division@hotmail.com](mailto:xo_lonesailor_division@hotmail.com)

**CPO**

CPO Raut, Cameron

**LPO**

CPO Schwab, Olivia

**ALPO**

PO2 Reinhart, Samantha

**Petty Officer of the Watch**

PO2 Fairchild, Jared

**Phrase of the Day**

*"The Only Easy Day Was Yesterday"*

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### Drill Location

Vignetti Center  
1910 Adair Street  
Ocoee, FL 34761

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**Saturday - 13 FEB 2021**

**Drill Hours: 0730-1600**

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### Uniform of the Day

**Cadets** : NWU Type I - Sleeves down

**New Cadets** : Solid White shirt and Mid-Thigh Gray, Navy Blue, Or Black Shorts, White Socks, Sneakers

**Officers & Staff** : Officers - NWU Type I // Staff - Unit T-Shirt

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### Drill Schedule

0700 - Officers and Senior Cadets Arrive	1300 - Drill
0730 - Cadets Arrive & Report to Quarter Deck	1400 - Company Time
0800 - Morning Colors/Quarters	1430 - CO's Time
0830 - CPO Schwab Promotion	1500 - Color Guard
0900 - Leadership Qualities - CPO Raut/CPO Schwab	1530 - Quarters
1000 - Coastal Warning Signs - PO2 Reinhart	1600 - Dismissal
1100 - Uniforms - PO2 Giovacchini	
1200 - Drill	
1230 - Chow	

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### Ready List

**CADETS WILL BE REQUIRED TO HAVE USNSCC ID IN THEIR POSSESSION**

**Cadets shall have properly groomed nails, hair cuts, shaved faces, and hair in bun**

**Cadets shall properly hydrate the evening prior to drill and bring a hydration pack filled with water**

**Cadets and Staff will bring \$5 for unit chow**

**Cadets should have a pocket size notebook and pen**



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**CPO**

CPO Raut, Cameron

**LPO**

CPO Schwab, Olivia

**ALPO**

PO2 Reinhart, Samantha

**Petty Officer of the Watch**

PO2 Fairchild, Jared

**Phrase of the Day**

*"Facta Non Verba - Deeds, not words"*

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### Drill Location

Lake Louisa Park  
7305 US-27  
Clermont, FL 34714

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**Sunday - 14 FEB 2021**

**Drill Hours: 0900-1600**

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### Uniform of the Day

**Cadets** : NWU Type III - Sleeves down

**New Cadets** : Solid White shirt and Mid-Thigh Gray, Navy Blue, Or Black Shorts, White Socks, Sneakers

**Officers & Staff** : Officers - NWU Type III // Staff - Unit T-Shirt

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### Drill Schedule

0800 - Officers and Senior Cadets Arrive  
0900 - Cadets Arrive & Report to Quarter Deck  
0915 - Land Navigation - Scavenger Hunt  
1200 - Lunch  
1230 - Field Movements  
1600 - Dismissal

### Ready List

**CADETS WILL BE REQUIRED TO HAVE USNSCC ID IN THEIR POSSESSION**

**Cadets shall have properly groomed nails, hair cuts, shaved faces, and hair in bun**

**Cadets shall properly hydrate the evening prior to drill and bring a hydration pack filled with water**

**Entrance into the park is \$5 per Car**

**Cadets and Staff will bring \$5 for unit chow**

**Cadets should have a pocket size notebook and pen**