



U.S. NAVAL SEA CADET CORPS

LONE SAILOR DIVISION



The Plan of the Day is an official document of the Lone Sailor Division. Its contents reflect current orders of the Commanding Officer and official unit announcements. All Division personnel are responsible for reading and understanding the information contained herein. Parents and guardians of Cadets are encouraged to read the Plan of the Day and to make note of meeting days and special announcements that may affect personal schedules. Officers and Squad Leaders are expected to carry the POD at all times.

COMMAND STAFF

Commanding Officer

ENS Reinhart, Larry
571.451.5010

co_lonesailor_division@hotmail.com

CPO

CPO Raut, Cameron

Executive Officer

INST Ringler, Mark
443.980.8332

xo_lonesailor_division@hotmail.com

LPO

CPO Schwab, Olivia

Drill Location

Vignetti Center
1910 Adair Street
Ocoee, FL 34761

Saturday - 10 APR 2021

Drill Hours: 0730-1600

Uniform of the Day

Cadets : Arrive in Dress Whites. Change in to PT uniform

New Cadets : Solid White shirt and Mid-Thigh Gray, Navy Blue, Or Black Shorts, White Socks, Sneakers

Officers & Staff : Officers - Dress Whites/Alternate Uniform // Staff - Unit T-Shirt

Drill Schedule

0700 - Officers and Senior Cadets Arrive	1115 - Sexual Harassment & Fraternization
0730 - Cadets Arrive & Report to Quarter Deck	1200 - Chow
0800 - Morning Colors/Quarters	1230 - CO Discussion/Standards of Conduct
0830 - Dress White Inspection	1300 - Drill/Color Guard Practice
0900 - Change into PT Gear	1500 - Field Day
0915 - PT	1530 - Quarters
1015 - Hydrate	1600 - Dismissal
1030 - Drug/Alcohol Awareness	

Ready List

CADETS WILL BE REQUIRED TO HAVE USNSCC ID IN THEIR POSSESSION

Cadets shall have properly groomed nails, hair cuts, shaved faces, and hair in bun

Cadets shall properly hydrate the evening prior to drill and bring a hydration pack filled with water

Cadets and Staff will bring \$5 for unit chow

Cadets should have a pocket size notebook and pen



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Drill Location

Vignetti Center
1910 Adair Street
Ocoee, FL 34761

Sunday - 11 APR 2021

Drill Hours: 0900-1200

Uniform of the Day

Cadets : Dress Whites

New Cadets : Solid White shirt and Mid-Thigh Gray, Navy Blue, Or Black Shorts, White Socks, Sneakers

Officers & Staff : Officers - Dress Whites/Alternate Uniform // Staff - Khakis and Sea Cadet Polo

Drill Schedule

0800 - Officers and Senior Cadets Arrive
0830 - Cadets Arrive & Report to Quarter Deck
0900 - End of Year Ceremony Practice
1000 - End of Year Ceremony
1200 - Dismissal

Ready List

CADETS WILL BE REQUIRED TO HAVE USNSCC ID IN THEIR POSSESSION

Cadets shall have properly groomed nails, hair cuts, shaved faces, and hair in bun

Cadets shall properly hydrate the evening prior to drill