

HILLGROVE HIGH SCHOOL Navy JROTC

2020/2021 Naval Science-1 / Semester-2 - Syllabus, Curriculum, and Expectations

Purpose: Broaden the students understanding of operative principles of military leadership, the concept and significance of teamwork, the intrinsic value of good order and discipline in the accomplishment of objectives, and the importance of followership, self-awareness and citizenship. Students will gain a more in-depth knowledge of career planning and goal setting along with the structure and importance of the U.S. Government. We will also continue instruction in leadership, discipline, proper uniform regulations/wear, military drill, and physical fitness.

Textbook: NJROTC Introduction, Cadet Field Manual & Cadet Reference Manual

Textbook Price: Replacement Cost (\$50-Intro, \$20-CFM, \$5-CRM)

Uniform Price: Uniforms are supplied and checked-out to cadets free of charge. Cadets are responsible for any lost or damaged items. Cost list of uniform items is located in the classrooms.

Course Outline:

- Week 1: Administration 1
- Week 2: The U.S. Navy/Drill/Physical Training
- Week 3: Choosing the right exercise program for you/Drill/Physical Training
- Week 4-5: Evaluating your physical fitness/Drill/Physical Training
- Week 6: You are what you eat/Drill/Physical Training
- Week 7: Nutrition: Nourishing your body/Drill/Physical Training
- Week 8: Controlling fat/ Drill/Physical Training
- Week 9: Taking care of yourself/Drill/Physical Training
- Week 10: Understanding and controlling stress/Drill/Physical Training
- Week 11-13: Drug Awareness/Drill/Physical Training
- Week 14-16: First Aid for emergency and non-emergency situations/Drill/Physical Training
- Week 17: Review/Make-up/ Drill/Physical Training
- Week 18: Final Review/Final Make-up Drill/Physical Training

Weekly Schedule. The typical weekly schedule will be as follows:

Monday:	Academics / Drill / PT
Tuesday:	Academics
Wednesday:	(Virtual only) Small Group / Independent Study
Thursday:	Uniform Inspection / PARS / Military Drill
Friday:	Physical Training (PT)

Course Grading:

Academics (50%):	20%	Homework / Classwork / Quizzes
	20%	Tests / Projects
	10%	Final Exam
Military Bearing (50%):	20%	Weekly Uniform Inspections
	15%	Military Drill / Weekly Physical Training
	5%	PARS/Aptitude/Service
	10%	Physical Fitness Test

Military Drill. Drill is designed to develop teamwork, attention to detail, and precision. There is great value in the lessons taught through close-order drill. We will use this time to enhance individual and group skills, as well as to practice for upcoming parades, inspections, and formal outings occurring throughout the school year.

Uniform Inspections. Uniforms are generally worn every Thursday and will also be prescribed on other occasions. **This is a mandatory requirement of the program.** Not wearing your uniform as required will result in a “zero” for the week. You may wear it the next school day to receive a maximum grade of “50.” **If you are absent on a uniform day, you must wear your uniform the first day you return to school.** The uniform you are issued is an official Navy uniform, with only minor modifications. When you wear it, you represent yourself, your fellow Cadets, Hillgrove NJROTC, and the U. S. Navy to all who see you; prepare accordingly. **Those receiving a uniform grade < 80 for the semester, will typically be dis-enrolled from the NJROTC program.**

Grooming Standards. Along with the requirement to properly wear the NJROTC uniform on a weekly basis, proper grooming standards must also be maintained. Specific standards for male and female cadets are provided in the Cadet Field/Reference Manuals. Generally speaking, while in uniform, male cadets should have their hair not longer than 4 inches in length and 2 inches in bulk, while tapered around their ears and the neck. This generally requires most male cadets to regularly cut their hair. Female cadets are required to have their hair up in a pony-tail, bun, braids, or the like, so that their hair is not hanging more than 3 inches below the collar of their uniform. Female cadets are NOT required to cut their hair. Other faddish styles, such as partially shaved or unnatural hair colors are also not permitted while in uniform. Cadets who do not maintain proper grooming standards will not be permitted to wear their uniform and will be graded accordingly.

Physical Training (PT). PT is required for all cadets, unless medically excused. Cadets are expected to perform stretching, calisthenics, and walking/running type exercises. Cadets must bring running shoes and NJROTC PT clothing to class on PT days. **Cadets will not be allowed to PT if not in athletic attire and will receive a “0” for the day.** Not wearing the prescribed PT clothing will result in a less than full credit grade. Expect to be outdoors when the weather is suitable; dress accordingly. You will only be excused from PT with a note, email, or phone call from a parent or guardian prior to the scheduled PT session or if a limitation is noted in your Standard Release, Health Risk Screening, or CCSD Physical.

CCSD Sports Physicals are required to participate in Navy JROTC. Students who do not have a current CCSD sports physical at the end of each semester will typically be dis-enrolled from the program. Additionally, students cannot participate in our semi-annual physical fitness test, resulting in a “zero” for this test grade. **Due to online learning and an unknown return date to face to face learning, sports physicals will be waived while we are learning remotely. Physicals will be required once we return to face to face instruction. Cadets who intend to participate on any of our competitive teams will still be required to obtain a sport’s physical.**

Current Events. We will discuss current events/issues, as they relate to our Navy, military, national security, government, or other areas related to the NJROTC curriculum. Students will be required to periodically turn-in a handwritten or typed summary of their current event, to include three paragraphs. The first will discuss basic facts, the second how it relates to Navy JROTC, and the last will discuss how it may affect you now or in the future and/or your opinion of your selected event. Be prepared to discuss your current event with the class.

Personal Advancement Requirements (PARS). Cadets MUST continually work toward enhancing their standing within the NJROTC program. This is accomplished, in part, through advancement to the next higher rank via the completion of PARS. Cadets have the opportunity to advance 4 times, (twice per semester) but must successfully advance at least once per school year to remain enrolled in the NJROTC program. Cadets will receive one test grade per semester based on their level of PARS completion (5% of their overall grade). **Cadets who fail to complete and/or turn-in PARS, will typically be disenrolled from the program.**

Class Rules. The class rules are based on the NJROTC core values of Honor, Courage, and Commitment. These rules apply for behavior in the classroom, school, and daily life. Your actions reflect directly on your personal reputation, as well as your unit and school wherever you are.

1. Be on time and be prepared to give your best effort! **No excuses – even when learning remotely.**
2. Display the highest level of integrity at all times, showing the proper level of respect at all times: “Yes Sir,” “No Ma’am, and “Attention on Deck.”
3. Judge others and their opinions by their actions/merits, not their race, religion, gender or any other perceived differences.
4. Abide by Hillgrove’s NJROTC Code of Conduct at all times.
5. **Cell phone use is not permitted in the classroom and cell phones will not be carried outside during military drill or physical training without permission of the SNSI or NSI.**
6. Comply with all remote learning rules listed below:
 - a. Remain muted until ready to speak.
 - b. Student video should remain on at all times while class is in session.
 - c. Be actively engaged in our class period learning session and be prepared to answer questions when called upon.
 - d. When chat is enabled, you may use it as desired for classroom discussion and questions. Please keep chat on topic and class related.
 - e. All class sessions will be recorded. Please treat each other with the respect that each of us would desire, as if we were in the classroom.

Consequences of Not Following Program/Class Rules.

1. Verbal Warning
2. Morning or Afternoon Detention
3. Referral to School Administration
4. Removal from the Program

Make-up Work Policy. Make-up work will be allowed for student absences and will be due a maximum of five school days after the student returns from an absence.

Late Assignments. Homework will typically be checked/collected at the beginning of class. Late assignments will be accepted but will result in a loss of 10 Pts per day late. Assignments that are more than 5 days past due will still be accepted but a grade of 50 will be the maximum credit available. All assignments must be received no later than Monday, May 17, 2021. This deadline allows for computation of final exam exemptions.

Extra Instructional Time/Tutoring. I will generally be available after classes end Monday through Thursday until 1630 or on Wednesday during our assigned small group time for extra instruction. You (or your parent) may also arrange to meet with me prior in a Zoom meeting, as needed. (Email me if this is desired).

Instructor Contact. For NJROTC program specific questions, use your fellow cadets and/or unit leadership first. Your Platoon Commander should be your first point of contact. If you have questions concerning course academics or other academic related issues, feel free to contact me at any time. I am available via email allen.harris@cobbk12.org or by phone at (770) 514-5097.

KEEP THE ABOVE SYLLABUS FOR REFERENCE BUT

----- RETURN THIS SIGNED SHEET TO THE NSI BY JANUARY 14, 2021 -----

**ACKNOWLEDGEMENT OF 2020/2021 NS-1 (SEMESTER 2)
SYLLABUS, CURRICULUM AND EXPECTATIONS**

I have read and understand the information contained in the NS-1 Syllabus, Curriculum and Expectations. If there are ever any questions concerning this course or related assignments, I will immediately contact my instructor for clarification.

Cadet Name (Print)

Cadet Name (Sign)

(Date)

Parent Name (Print)

Parent Name (Sign)

(Date)

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