



Friday Mid-day Prayer

In Christ

If you are doing this with a couple of people, responses in bold type. Psalms: take each line in turns - right R & left L

Hymn

The Lord is here: **His Spirit is with us**

Christ with me - Christ before me - Christ behind me

In Christ always

Christ in me - Christ above and below - Christ on my right and left

In Christ always

Christ in my rising and my sitting - Christ in all I meet this day

In Christ always

Psalm 23

Remember, I am with you always (Matt 28:20)

R The Lord is my shepherd; I have all that I need.

He lets me rest in green meadows;

he leads me beside still waters.

L He renews my strength.

He guides me along right paths, bringing honour to his name.

R Even when I walk through the darkest valley,

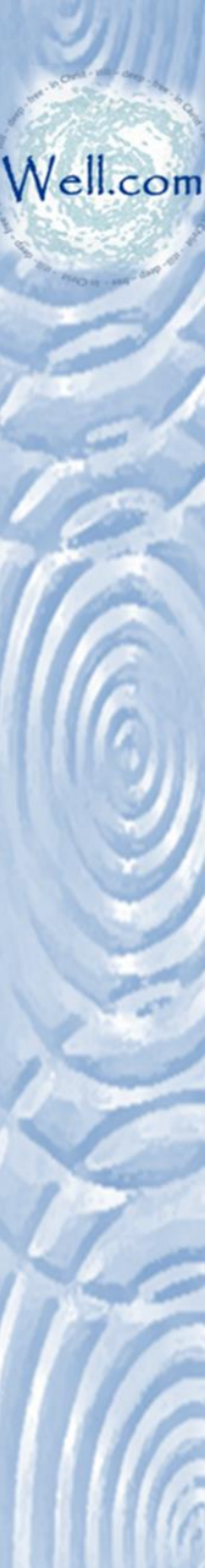
I will not be afraid, for you are close beside me.

Your rod and your staff protect and comfort me.

L You prepare a feast for me in the presence of my enemies.

You honour me by anointing my head with oil.

My cup overflows with blessings.



R Surely your goodness and unfailing love will pursue me all the days of my life, and I will live in the house of the Lord forever.

Remember, I am with you always

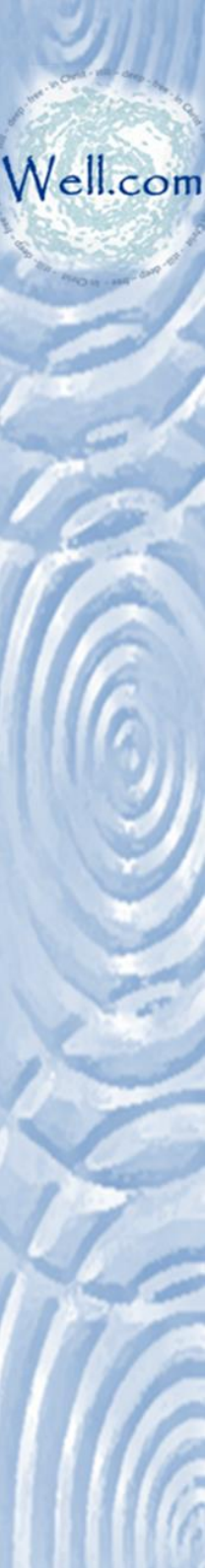
Scripture reading. Acts 5: 34-42

⁴ But one member, a Pharisee named Gamaliel, who was an expert in religious law and respected by all the people, stood up and ordered that the men be sent outside the council chamber for a while. ³⁵ Then he said to his colleagues, "Men of Israel, take care what you are planning to do to these men! ³⁶ Some time ago there was that fellow Theudas, who pretended to be someone great. About 400 others joined him, but he was killed, and all his followers went their various ways. The whole movement came to nothing. ³⁷ After him, at the time of the census, there was Judas of Galilee. He got people to follow him, but he was killed, too, and all his followers were scattered.

³⁸ "So my advice is, leave these men alone. Let them go. If they are planning and doing these things merely on their own, it will soon be overthrown. ³⁹ But if it is from God, you will not be able to overthrow them. You may even find yourselves fighting against God!"

⁴⁰ The others accepted his advice. They called in the apostles and had them flogged. Then they ordered them never again to speak in the name of Jesus, and they let them go.

⁴¹ The apostles left the high council rejoicing that God had counted them worthy to suffer disgrace for the name of Jesus.^[a] ⁴² And every day, in the Temple and from house to house, they continued to teach and preach this message: "Jesus is the Messiah."



In Christ we pray

to remember that he is with us
in this crisis,
in our anxiety
in our distress

In Christ we pray

To accept our helplessness,
to feel his strength
to know his comfort

In Christ we pray

To be his care for others,
to show his love
to comfort those in need

In Christ we pray

To live each day
to the full
in his company
with faith and hope

In Christ we pray

For those who are suffering
from the virus and those
who will care for them in the weeks to come.

Our Father....

Let us live these uncertain times

In Christ

Trusting in his presence

Secure in his love

AMEN

May we rest

In the stillness of God

May we find acceptance

in the deep love of his Son

and in our coming and our going

may we experience

the freedom of the Spirit

day by day

calling us

to new life

together

in Christ

We live each day:

In the Name of the Father

and of the Son

and of the Holy Spirit Amen