

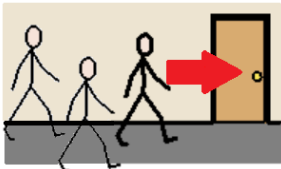
Changes to therapy sessions



We have had to make some changes to **therapy sessions** because of **Coronavirus**. We have made these changes because we want to keep you healthy and safe.



Some therapy groups and activities will still **carry on**.



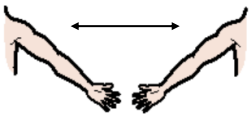
You can go to these groups or activities with the people who live on your flat.



Some therapy groups and activities will be **cancelled**. This is to keep you safe.



Some 1:1 sessions will still happen.



We will ask you to stay **2 arms lengths** away from other people when you are in 1:1 and group sessions. This is because we need to do **social distancing**. Social distancing means not getting too close to other people.



You will be asked to wash your hands **before** and **after** your sessions.

Wash your hands with soap and warm water for at least **20 seconds**. You should do this more than you usually would.



You should do this...

- At the beginning of your session.



- When you get back to your flat.



- After using the toilet



- Before eating.