**Bath Bomb Ingredients Needed**

* 8 ounces [baking soda](https://www.amazon.com/Bicarbonate-Pure-Organic-Ingredients-Eco-Friendly/dp/B075456XMK/ref%3Das_li_ss_tl?ie=UTF8&linkCode=ll1&tag=wellnessmama-20&linkId=925093da081680226390b7a4c5bb1ec7&language=en_US) (about 1 cup)
* 4 ounces [citric acid](https://wellnessmama.com/go/citric-acid/) (1/2 cup)
* 1/2 cup (4 ounces) [sea salt](https://wellnessmama.com/go/salt/) or [epsom salt](https://www.amazon.com/Epsoak-Epsom-19lbs-Magnesium-Sulfate/dp/B004N7DQHA/ref%3Das_li_ss_tl?th=1&linkCode=ll1&tag=wellnessmama-20&linkId=7f29ae7def4c07d2ee6071f0f5667d4c&language=en_US)
* 4 ounces [cornstarch](https://www.amazon.com/Rapunzel-735037503957-Organic-Corn-Starch/dp/B06ZZD7R5G/ref%3Das_li_ss_tl?th=1&linkCode=ll1&tag=wellnessmama-20&linkId=7b4ed6e24b33c13864aa4888d38561e1) (about 3/4 cup)
* 2 TBSP oil of choice ([this is my personal favorite](https://www.amazon.com/Sea-Buckthorn-Seed-Leven-Rose/dp/B01GGLANYY/ref%3Das_li_ss_tl?ie=UTF8&linkCode=ll1&tag=wellnessmama-20&linkId=cddae18decda3467a9dd78daa58905b3&language=en_US) but any liquid oil will work)
* 2 tsp [witch hazel](https://www.amazon.com/dp/B07BB1F11Z/ref%3Das_li_ss_tl?ie=UTF8&linkCode=ll1&tag=wellnessmama-20&linkId=b7f0e10410ab19a2e96dc708559d4812) (or water) plus a little more if needed
* 1 tsp [vanilla](https://www.amazon.com/Simply-Organic-Vanilla-Extract-Certified/dp/B0002UN7PI/ref%3Das_li_ss_tl?ie=UTF8&qid=1496883755&sr=8-1&keywords=organic+vanilla+extract&th=1&linkCode=ll1&tag=wellnessmama-20&linkId=99bbf31a019c39c3dd420284edb155f4) extract (or more water)
* 30-40 drops of [essential oils](https://wellnessmama.com/go/essential-oils/) or powdered dried herbs (ginger is great)

**Bath Bomb Instructions**

1. Mix oil of choice and essential oils into baking soda and stir well.
2. Add other dry ingredients: salt, citric acid, and cornstarch, and mix well until combined. Add the powdered or dried herbs, if using.
3. Add essential oils and spritz witch hazel on the mixture very slowly. I recommend using a spray bottle with additional liquid to evenly add.
4. Mix well with hands (wear gloves if you have sensitive skin).
5. Do this until mixture will just hold together when squeezed without crumbling. You may need to add slightly more or less witch hazel if it hasn’t achieved this consistency yet.
6. Quickly push mixture into molds, greased muffin tins or any other greased container. Press in firmly and leave at least 24 hours (48 is better) or until hardened. It will expand some and this is normal. You can push it down into the mold several times while it is drying to keep it from expanding too much. Using the metal molds will create a stronger and more effective final bath bomb.
7. When dry, remove and store in airtight container or bag. Use within 2 weeks.