



St Laurence's Larder and Open Kitchen

(Charity Number 1185983)

Trustees' annual report and financial statements for the year ended 31 March 2020

Prepared by:

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Trustees' annual report

From: 24 October 2019 To: 31 March 2020

Charity's full name: St Laurence's Larder and Open Kitchen

Registered company number: N/A

Registered charity number: 1185983

Objectives and activities

Summary of the purpose of the charity set out in the governing document

The prevention or relief of poverty in the London Borough of Brent by providing food, clothing, facilities for washing and such other items and services as the trustees may determine.

The people who can benefit are:

Any members of the public who are in need and finding it hard to make ends meet who attend the Larder.

No geographical limit is placed on the public who may benefit from the Larder.

Achievements and performance

Summary of the main activities in relation to those purposes for the public benefit, in particular activities, projects or services identified in the accounts

St Laurence's Larder ("The Larder") provides a warm welcome and fresh food for those who struggle to make ends meet in our community and beyond.

Monday and Wednesday are food preparation days and the larder is open to guests on Tuesdays and Thursdays from 10am to 1.30pm. We are open to anyone in need and no referral is required.

We receive donations of unwanted food and provide a three-course meal which is typically soup, pasta or other favourite such as cottage or fish pie, followed by a pudding such as crumble and custard or fruit salad. For those in even greater need, we provide dried and tinned food for a few days to take away.

We also have clothes washing facilities and a shower as well as a clothes bank available during our opening hours.

While the Larder provides food to take away for those in urgent need, we are not a registered food bank and refer guests to local food banks where appropriate. We also provide food to the local school for those requiring support.

We are supported by outreach services from Ashford Place and Brent B3, supporting guests needing housing and benefits advice and also those with drug and alcohol problems.

The Larder is part of the outreach mission work of the Brent Deanery and people of all faiths, and none, are welcome.

The trustees consider that they have complied with their duties to have due regard to the public benefit guidance published by the Charity Commission.

Achievements and performance

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstance of its beneficiaries and any wider benefits to society as a whole.

This year the Larder successfully applied to become a registered charity. This report covers the period from the date of incorporation until the end of the accounting period, 31 March 2020.

The Larder provided a service to guests twice a week until 23 March 2020 when it was temporarily closed due to Covid-19 restrictions. It was not possible to make the areas used by guests and volunteers Covid-safe and the trustees, in common with other charities operating a similar model, took the difficult decision to temporarily close the Larder. This was for the protection of the guests and volunteers, many of whom were in "at risk" categories. (The Larder has since reopened).

Some of our volunteers who were not shielding instead gave their time to local food banks and mutual aid groups and guests were redirected temporarily to Brent Council's food aid response as well as food banks and mutual aids.

During the reporting period, typically the larder provided 80 lunches a day which equated to about 8,000 meals a year. In addition to this, takeaway evening meals, groceries and toiletries were provided to those who required them.

More than 500 items of clothing, including coats and shoes, and bedding were distributed each month through our wardrobe service and around 10 people a week benefited from a shower and the provision of new underwear.

In one month alone more than 1,300 hours of volunteers' time were freely given.

Guests also had unrestricted access to Ashford Place and B3 outreach services and volunteers provided haircuts and massage sessions for guests.

Several of our volunteers underwent food safety and hygiene training and a volunteer engagement group met.

The Larder has contributed to the relief of hardship for many vulnerable people, including street homeless individuals, who would otherwise have gone hungry. It also provides a place for member of the community to come together for mutual support.

We are indebted to the volunteers, organisations and people who freely donate their time, food and money to enable the Larder to operate.

Financial review and accounts

Review of the charity's financial position at the end of the period

St Laurence's Larder and Open kitchen has been in operation for over eight years under the auspices and financial support of Christ Church with St Laurence Brondesbury.

Following receipt of a start-up donation it was formally registered as a Charity on 24 October 2019 and governed by a board of trustees under a trust deed. It is run by volunteers and has no paid employees.

Despite the generosity of those who give us food, clothes and their time, we still have to pay for staple foods to create the dishes and for the utilities we use such as hot water and electricity for the tumble dryers. Operating costs are around £1,000 a month.

At year end the finances were healthy for the current operating model. In December 2019 we received a £7k donation which put the Larder on a good footing and, along with other donations, led to a surplus of £12,006 which has been carried forward to 2020.

Statement explaining the policy for holding reserves stating why they are held

The trustees of the Larder have set an aim to have more than six months' running costs in reserve. Because income for the charity is sporadic, reserves of up to 12 months running costs are acceptable.

Amount of reserves held

£12,006

Reasons for holding zero reserves

None

Funds materially in deficit

None

Explanation of any uncertainties about the charity continuing as a going concern

No financial concerns under current model.

Trustees will need to consider resilience of the current model which is a 100% volunteer run model and any financial implications of a revised model, for example if we decided to employ any staff in the future.

Structure, governance and management

Description of the charity's trusts

Type of governing document	Foundation model constitution
How the charity is constituted	Charitable Incorporated organisation (“the CIO”)
Trustee section methods including details of any constitutional provisions e.g. election to post or names of any person or body entitled to appoint one or more trustees	Current trustees vote on the election of trustees to the charity. We aim to have Christ Church with St Laurence Brondesbury represented on the board of trustees by the priest in charge. Because the church had no priest in charge during the year, this position was covered by another priest in the deanery.

Reference and administration details

Charity’s full name	St Laurence’s larder and Open Kitchen
Other names the charity is known by	The Larder
Charity’s principal address	CHRISTCHURCH TERRACE c/o Christchurch with St Laurence 169 WILLESDEN LANE LONDON NW6 7BG

Names of the trustees who manage the charity

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee
Gail Foord	Chair		
Daniel Lewis	Treasurer		
Philippa Hutchinson			
Jane Mehta			
Revd Graham Noyce			

Corporate trustees – names of the directors at the date the report was approved

N/A

Name of trustees holding title to property belonging to the charity

N/A

Funds held as custodian trustees on behalf of others

N/A

Names and addresses of advisers (OPTIONAL)

N/A

Name of senior staff members (OPTIONAL)

Stephen Chamberlain, Project Coordinator

Declaration

The trustees declare they have approved the trustees' annual report and accounts

Signed on behalf of the charity trustees

Signature



Full name

Louise Gail Foord

Position

Chair

Date

10th October 2020

Independent examiner's report to the trustees of the Larder – N/A

As the trustees of the Larder we are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

As the gross income is less than £25,000 an independent audit of the accounts has not been conducted for the year ending 31 March 2020.

This will be reviewed next year.

St. Laurence's Larder and Open Kitchen
(Charity Number 1185983)

Receipts and payments for the period to 31 March 2020

	Unrestricted funds
	2020
	£
Receipts	
Individual donations	1,904
Church donations	1,770
Organisation donations	11,841
Total receipts	15,515
Payments	
Premises costs	1,350
Cleaning	125
Consumables	1,600
Volunteer expenses	418
Bank charges	15
Total payments	3,508
Net receipts	12,007

Statement of assets and liabilities at 31 March 2020

	2020
	£
Cash at bank	15,183
Creditors	(3,176)
Net assets	12,007

Notes to the accounts for the year ended 31 March 2020

1. Basis of accounts

The trustees have taken advantage of section 144(2) of the Charities Act 2011 and prepared the accounts on a receipts and payments basis


2. Analysis of funds

All funds for this accounting period are classified as unrestricted

Approval of accounts for the year ended	31 March 2020
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The report and accounts were approved at a meeting of the trustees held on: 10 October 2020

Signed for and on behalf of the Trustees:

	10 October 2020
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Gail Foord	Chair
Print Name	Position (e.g. Chair etc.)