## WOUND PRODUCT SELECTION GUIDE

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### Non-adherent dressings
- **Ugotul, Adaptic, Atrauman, Jelonet**
  - Open mesh, cotton, rayon, viscose or gauze impregnated with gel, silicone to form a pliable non-stick interface.
  - **LOW wear**

### Low absorbent dressings
- **Melolin, Primapore, Interpose, Telfa Post op island dressings**
  - Post op dressings or wounds almost healed.
  - For protection in healed wounds.
  - **LOW wear**

### Semi permeable films
- **Opsite, Tegaderm, Mepitel film**
  - Reduces wound pain
  - Caution on removal to avoid skin tear (trauma)

### Hydrogels
- **Instrasite, Solosite, Duoderm gel, Purilon gel**
  - Autolytic debridement.
  - Pain reduction.
  - Requires a secondary dressing

### Hydrofibres
- **Aquacel, Durafibre, Activheal, Aquafibre**
  - Ideal for packing wounds
  - Requires moisture to be effective.

### Alginites
- **Kaltostat, Algisite M, Sorbsan, Melgisorb**
  - Do not use on dry wounds.
  - Requires moisture to be effective.
  - **HIGH wear**

### Foams
- **Mepilex, Allevyn, Biatain, Activheal**
  - With or without borders
  - Some use silicone
  - Can be used as a primary or secondary dressing

### Hydrocolloids
- **Comfeel, Duoderm, Replicare**
  - Maintains moisture on healing wounds.
  - Can be used as a primary or secondary dressing

### Superabsorbent polymers
- **Exudry, Mextra, Relevo, Zetuvit**
  - Inner dressing contains superabsorbent particles
  - Secondary dressing

### Silvers
- **Acticoat (3,7 Flex and Moisture control), Aquacel Ag, Melgisorb Ag, Biatain Ag, Mepilex Ag**
  - Most foams and alginites have a version with a silver component added.
  - **HIGH wear**

### Iodine based
- **Iodosorb (Codexomer Iodine - Ointment, Powder and Flex)**
  - Inadine is 10% Povidone Iodine
  - Antimicrobial effect
  - Needs replacing when the colour leaves dressing
  - Not absorbent, needs secondary dressing

### Hydrophobic dressings
- **Sorbact – Gel sheets, ads, Gauze**
  - Hydrophobic dressing attract bacteria and fungi to dressing
  - Requires secondary dressing

### Hypertonic saline
- **Mesalt, Curasalt**
  - Causes an osmotic draw to clean wound, necrotic tissue or purulent debris.
  - Requires secondary dressing

### Honey
- **Medihoney, Apinate dressing**
  - Autolytic debridement.
  - Antimicrobial activity
  - Requires secondary dressing

### Alginate gels
- **Flaminal Forte, Flaminal Hydro**
  - Autolytic debridement.
  - Antimicrobial activity
  - Requires secondary dressing

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