# SHAPED SUPPORT BANDAGE (SSB) APPLICATION

All compression bandaging is applied from below the toes until it reaches 2cm from the crease behind the knee.

## CHOOSE THE CORRECT SIZE SSB

<table>
<thead>
<tr>
<th>Sutherland Medical Tubular Form SSB measure the <strong>ANKLE</strong> of the limb</th>
<th>OR</th>
<th>Molnlycke Tubigrip SSB measure the widest circumference of the <strong>CALF</strong> of the limb.</th>
</tr>
</thead>
</table>

After choosing the appropriate size SSB measure the limb. Add a few cm as the SSB usually shrinks when washed.

Always cut the SSB when folded so that the same amount is cut from each end of the bandage. This ensures that the compression is evenly distributed.

To remove and apply the SSB. Fold is over itself and let it roll over itself.