

## Ritual Immersion for Renewal Following a Sexual Assault



(Before Immersion):

Water, have mercy on me.

Let me calm down in your gentle caress.

Your soothing tones will quiet the guilt and revulsion.

Water, have mercy on me.

Let my emptiness be filled with your clarity

Cleanse the wounds that haven't healed.

Water, have mercy on me.

Let my organs be strengthen by your flow.

Renew in me lost purity.

(After Rising from the Water):

Blessed are you God, Renewer of my body and spirit.

Translation into English: Leora Lony-Barash