



27<sup>th</sup> June, 2018

Dear Altman,

Please accept my sincerest thanks for providing our delegates with such an enlightening experience at Yam Yabasha, including the discussion of your 3 rehabilitation programmes that empower army and police veterans.

This was the first delegation of its kind, taking leading UK veterans organisations to meet with their Israeli counterparts, and it was a real privilege to see the interaction between yourself and the delegates. The UK delegates were able to take with them many lessons, including the positive effects of sailing for veterans who suffer from PTSD, the resilience training and the nautical PTSD leadership strategy.

As you are aware, the delegates learned a great deal from meeting with you, and many, including COBSEO, Combat Stress and Veterans Scotland, look forward to future cooperation.

In appreciation,

A handwritten signature in blue ink, consisting of several overlapping loops and lines, appearing to be the name 'Michael Freeman'.

Michael Freeman

Embassy of Israel in London  
Counsellor of Civil Society Affairs Department