
STARDATE: 202011.24

THE NOMADIC CHRONICLES

"WITHOUT FREEDOM OF CHOICE, THERE IS NO CREATIVITY"

Captain's Log

All hands, this is the Captain.

Finally, not just as the Commanding Officer of the ship but officially as a Captain by rank in the Fleet as we have Commissioned. No more NX but an official NCC ship.

I want to thank all of you for joining the Nomad and having faith in this ship. For participating as part of this Crew and contributing in your own way and to the best of your abilities.

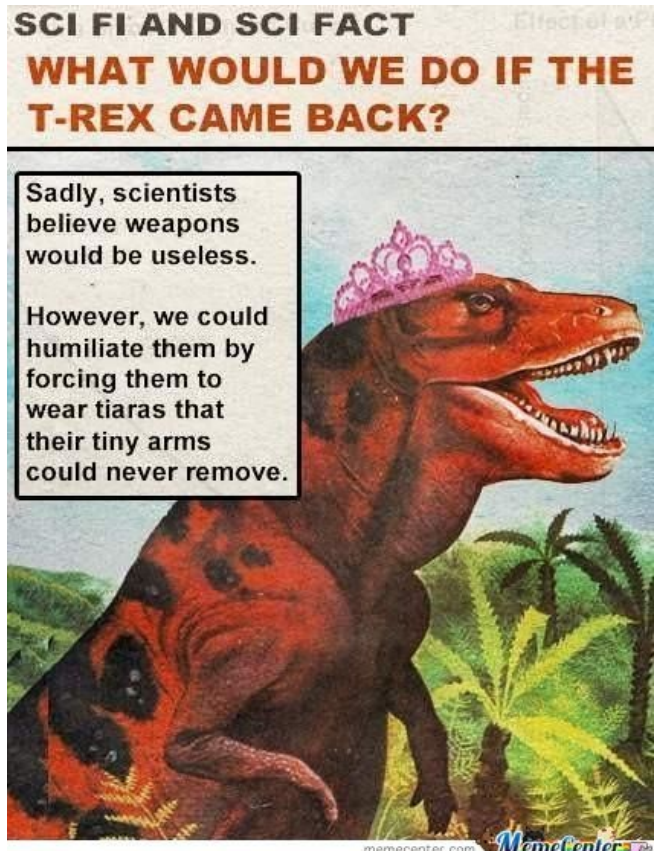
I am most proud that in only 6 months we are (I believe) the second largest crew in the Region and definitely the most "International" We have members from Newfoundland on the Atlantic and California on The Pacific. We have members in Utah, Michigan and New York, and Manitoba. In the Province of Ontario, we have 14 members. In the chapter's "HQ" of Huntsville, ON we have 5 members only. Then we cover Barrie, Pickering, Kingston, Burlington, and Hamilton Ontario. Some of us are over 6 hours apart in the Province.

So, in conclusion, Congratulations to this crew, the ship and officers. My sincere thank you and appreciation for you joining me on this journey, I do not know the end of the story, but the start has been amazing! Keep up the good work, comradery, and positive vibes!

This is your club. Your participations in games, meetings and the Academy is your prerogative.

The world has still not left COVID behind. Enjoy the chat rooms, usually someone else is awake. But the most important thing to remember is to have fun.

Captain out.



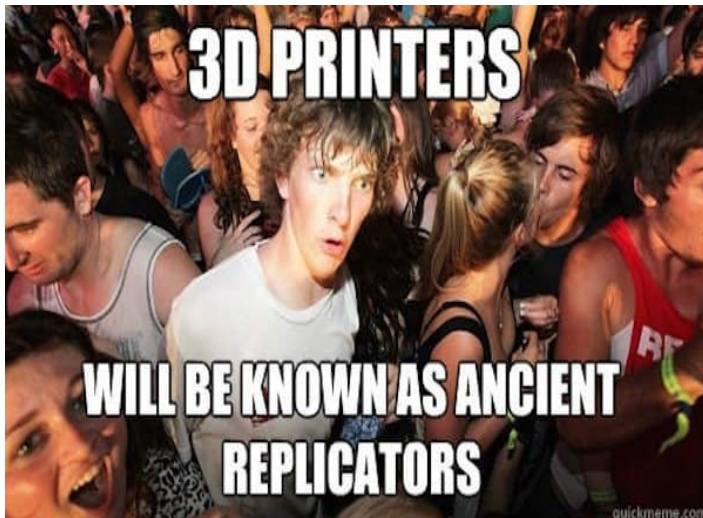
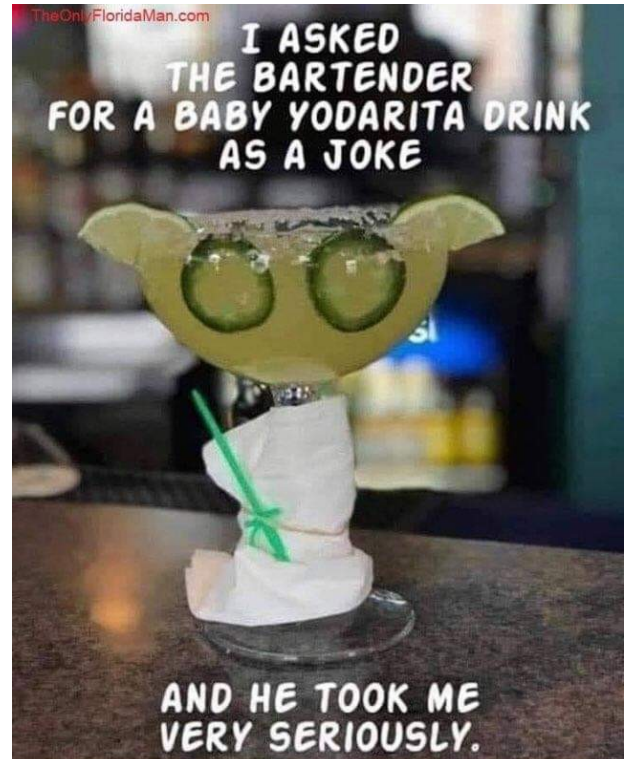
Raktajino

INGREDIENTS:

- 1 cup of **strong** Coffee
- ½ teaspoons of ground Cinnamon
- 2 tablespoons of Cocoa
- 1 tablespoon of Sugar (to taste)
- 2 tablespoons of Milk (to taste)
- Splash of Your Best Bloodwine (optional)

INSTRUCTIONS:

- Mix all ingredients thoroughly.
- Enjoy hot as Vulcan or iced like an Andorian winter.



Living to Run, Running to Live

At various times during my life I have been active at one sport, or another, some competitive, some not so much. In my younger years I excelled in track and field, played hockey, cycled and roller skated. I continued into my young adult life with cycling, ice skating, cycling and a lot of walking/hiking.

Later I got into organized recreational softball and I was a pretty skilled pitcher in organized Men's slow-pitch, leading my team well into first place, when I got sidelined with badly bruised ribs. I kept cycling and walking after leaving slow-pitch for a number of years.

Then in the early 1990's I was introduced to tactical paintball, this fit in nicely with me, being a former reserve soldier, but it was short lived as I wasn't holding down a steady job and paintball is an expensive extreme sport. I never forgot how much I enjoyed playing it though. I kept cycling and walking.

Cycle ahead to about 2008 I was in a position to afford paintball and played it hardcore for a number of years, but was so good at it, other players became resentful and confrontational. So I put the paintball to bed and leaving a bar able to walk straight became my next "sport"!

I was also the whole time this was going on addicted to cigarettes and another unmentionable smokeable, it was to catch up with me. I was officially diagnosed with Stage 1 emphysema in 2016. I smoked for another year and 3 months before I quit both habits cold turkey. An almost impossible feat, according to a study done by John Hopkins Health in the US.! My Mother had only passed away from emphysema in June 2014, so that memory was still fresh in my mind!

One day in early June 2018 while doing volunteer work at the Ontario Regiment Museum, getting ready for Aquino Tank Weekend, I ran to complete a few tasks that needed to be done. I was quite surprised I was not out of breath and it killed the notion that I would never run again!

I decided that day to enter the Canada Army Run, to be held the September of that year in Ottawa, Canada.

I had originally intended to run in only their 5k event and started training to run 5k in earnest, within days of Aquino Tank weekend wrapping up for another year! During training I consulted regularly with my family doctor, noting any problems with breathing, which was dealt with using a corticosteroid inhaler. After a few weeks training I was run/walking 5k distances in less than 45 minutes. So I decided I could do the 5k, plus 10k Canada Army Run Ortona Challenge. Ortona is an Italian Village in which Canadian Soldiers battled German and Italian units in 1943, the run was in honour of that battles 75th anniversary!

Going forward to pick it up after many many, run and rucking events, it is 2020 and I am wrapping up another year of remarkable runs and achievements, some even struggling to finish despite injuries. I will not quit a run I register for and have a times endured some pain from long distance runs! I have done most of the Marine Corps Marathon Series of events, all of which went virtual because of the Coronavirus. I have ran 7 half marathons and nursing injuries, finished the Marine Corps Marathon

with a moderate runners knee injury, in my left knee; fighting high heat and humidity, taking my inhaler mid-run! I just finished doing the MCM Turkey Trot, qualifying for what may be my first actually military award, the Distinguished Participant award, for doing most of the Marine Corps Marathon events in 2020. Tomorrow I run the Eagle down 5k Special Forces Association Run and wrap up my running year doing the Boston Marine Corps Honor Run 5k event. All this to manage my emphysema, but I see no reason why I can't have fun with it to forget this disease and look back later in life saying adversity was not going to get the best of me! I am looking forward, having proven I am one tough mudder, to a less intense, be equally remarkable 2021 run season!!!

Written by Colonel Paul Williams



Crew Manifest

COMMAND

Captain Ehl - Commanding Officer/OIC MACO
Commander Hall- Executive Officer/ 2IC MACO

OPERATIONS

Lieutenant Commander Walter - Chief Operations
Officer/Chief of Communications
Ensign Brannan - Helmsman/Night Operations
Master Chief Petty Officer Todd - Command/Ops
Crewman 3 Agnew - Operations - Transporter
Crewman Denise Dion

ENGINEERING

Lieutenant T'vel - Chief Engineer
Major Helmadollar - Engineer
Crewman 3 Fiori- Engineering/Computer Ops

MEDICAL

Lieutenant Ehl - Chief Medical Officer/Chief
Veterinarian
Lieutenant Junior Grade Grant- Counselor
Chief Petty Officer Grant - Medical - Nurse
Crewman Hann - Medical -Fitness and Health

SECURITY

Colonel Williams - Chief of Security
Captain Higgins – Security
Ensign Walter - Security/Weapons
Ensign Stead- Security
Chief Petty Officer Johnson – Security/Tactical

SCIENCE

Lieutenant Junior Grade Phillips - Chief Science
Officer
Ensign Rhead - Science – Exobiology
Ensign Jackola - Science
Crewman Stayfer – Science

CADETS

Cadet 4 Walter



FROM THE CAPTAIN'S CHAIR

Project:

I now would like to get the certifications for the ship as we are commissioned. I am looking for a lead on this project. I am hoping that we will at least be nominated for Shakedown Chapter of the Year at the STARFLEET awards ceremony.

It will take some of you to take courses, become involved with fleet, but I believe that this is the crew that can pull this off.

I will assist when able.